Upperwood Academy

Anti-bullying policy

EDUCATE. EMPOWER. INSPIRE.

Version Number	Version Description	Date of Revision
1	Original	Sept 2023
2	Rebranded & reviewed	July 2024
3	Reviewed	April 2026

Upperwood Academy Anti bullying Policy

Objectives of this policy

This policy outlines what Upperwood Academy will do to prevent and tackle bullying. We are committed to developing an anti-bullying culture whereby no bullying, including between adults or adults and children and young people, will be tolerated.

Definition of Bullying

Bullying can be defined as "behaviour by an individual or a group, repeated over time that intentionally hurts another individual either physically or emotionally". (DfE "Preventing and Tackling Bullying", July 2017) Bullying is recognised by the school as being a form of peer on peer abuse. It can be emotionally abusive and can cause severe and adverse effects on children's emotional development.

Bullying can include name calling, taunting, mocking, making offensive comments; kicking; hitting; taking belongings; producing offensive graffiti; gossiping; excluding people from groups and spreading hurtful and untruthful rumours.

This includes the same unacceptable behaviours expressed online, sometimes called online or cyberbullying. This can include: sending offensive, upsetting and inappropriate messages by phone, text, instant messenger, through gaming, websites, social media sites and apps, and sending offensive or degrading photos or videos.

Forms of Bullying

Bullying can happen to anyone. This policy covers all types of bullying including:

- Physical
- Emotional
- Sexual
- Bullying related to race, religion, faith and those with no faith.
- Bullying Related to Ethnicity, Nationality or Culture.
- Sexual harassment, sexual abuse and sexual violence both on and off line
- Emotional Bullying
- Bullying related to SEND (Special Educational Needs or Disability).
- Bullying related to appearance or physical/mental health conditions.
- Bullying related to sexual orientation (homophobic / bio phobic / transgender bullying).
- Bullying of young carers, children in care or otherwise related to home circumstances.
- Gender based bullying including transphobic bullying
- Peer to peer bullying

• Bullying via technology known as cyberbullying

Our school community:

• Discusses, monitors and reviews our anti-bullying policy and practice on a regular basis.

• Supports all staff to promote positive relationships to prevent bullying and will intervene by identifying and tackling bullying behaviour appropriately and promptly.

• Ensures that pupils are aware that all bullying concerns will be dealt with sensitively and effectively; that pupils feel safe to learn; and that pupils abide by the anti-bullying policy.

• Reports back to parents/carers regarding their concerns of bullying and deals promptly with complaints. Parents/ carers in turn work with the school to uphold the anti-bullying policy.

• Seeks to learn from good anti-bullying practice elsewhere and utilises support relevant organisations when appropriate.

Preventing, Identifying and Responding to Bullying

The school community will:

• Create and support an inclusive environment which promotes a culture of mutual respect, consideration and care for others which will be upheld by all.

• Work with staff and outside agencies to identify all forms of prejudice-driven bullying.

• Actively provide systematic opportunities to develop pupils' social and emotional skills, including their resilience.

• Provide a range of approaches for pupils, staff and parents/carers to access support and report concerns.

• Challenge practice which does not uphold the values of tolerance, non-discrimination and respect towards others.

• Consider all opportunities for addressing bullying in all forms throughout the curriculum and supported with a range of approaches such as through displays, assemblies, peer support and the school/student council.

• Regularly update and evaluate our approaches to consider the developments of technology and provide up-to-date advice and education to all members of the community regarding positive online behaviour.

• Train all staff including teaching staff, support staff (including administration staff and lunchtime support staff) and pastoral staff to identify all forms of bullying, follow the school policy and procedures (including recording and reporting incidents).

• Proactively gather and record concerns and intelligence about bullying incidents and issues so as to effectively develop strategies to prevent bullying from occurring. Any incidents of bullying will be recorded on CPOMs (in line with our behaviour policy) and trends or patterns will be monitored.

• Actively create "safe spaces" for vulnerable children and young people.

• Use a variety of techniques to resolve the issues between those who bully and those who have been bullied.

• Work with other agencies and the wider school community to prevent and tackle concerns.

• Celebrate success and achievements to promote and build a positive school ethos.

Involvement of Pupils

We will:

• Regularly gather children and young people's views on the extent and nature of bullying.

• Ensure that all pupils know how to express worries and anxieties about bullying.

• Ensure that all pupils are aware of the range of sanctions which may be applied against those engaging in bullying.

• Involve pupils in anti-bullying campaigns in schools and embedded messages in the wider school curriculum.
• Publicise the details of help lines and websites.

• Offer support to pupils who have been bullied and to those who are bullying in order to address the problems they have.

Liaison with Parents and Carers

We will:

• Make sure that key information (including policies and named points of contact) about bullying is available to parents/carers in a variety of formats.

• Ensure that all parents/carers know who to contact if they are worried about bullying.

• Ensure all parents/carers know about our complaints procedure and how to use it effectively.

• Ensure all parents/carers know where to access independent advice about bullying.

• Work with all parents/carers and the local community to address issues beyond the school gates that give rise to bullying.

• Ensure that parents work with the school to role model positive behaviour for pupils, both on and offline.

Responsibilities

It is the responsibility of:

• Local Committee to monitor and review this policy.

• Local Committee Members, the Headteacher, Senior Managers, Teaching and Non-Teaching staff to be aware of this policy and implement it accordingly.

• The Headteacher to communicate the policy to the school community.

• Staff to support and uphold the policy.

• Parents/carers to support their children and work in partnership with the school.

• Pupils to abide by the policy.

Monitoring & Review

The Head and Designated Lead for Safeguarding will report to the Local Committee all incidents of bullying and will monitor any trends.

The Head and safeguarding lead will complete Section 175 Safeguarding Audit and return to the Local Authority Annually.

The named Safeguarding Governor will be kept informed of any bullying incidents and will include the monitoring of this in visits to school and include in the monitoring visit report to Governors.

The school will ensure that they regularly monitor and evaluate mechanisms to ensure that the policy is being consistently applied. Any issues identified will be incorporated into the school improvement planning.

Links with Legislation

This policy is based on DfE guidance "Preventing and Tackling Bullying" July 2017 and supporting documents. It also considers the DfE statutory guidance "Keeping Children Safe in Education" 2024 and 'Sexual violence and sexual harassment between children in schools and colleges' guidance. It also links with: The Education and Inspection Act 2006, 2011 The Equality Act 2010 The Children Act 1989,2004 Protection from Harassment Act 1997 The Malicious Communications Act 1988 Public Order Act 1986 The Computer Misuse Act 1990 Behaviour in Schools Advice for headteachers and school staff 2022.

It should also be read in conjunction with other school policies This Policy links with a number of other school policies, practices and action plans including:

• Behaviour Policy

• Complaints Policy

• Safeguarding and Child Protection Policy

• Confidentiality Policy

• e-Safety (Online Safety) and Acceptable Usage Policies

• Curriculum Policies

• Home / School Agreement

This Policy is available on the school website and hard copies are available upon request from the school office.

Useful Links Useful Links and Supporting Organisations

• Anti-Bullying Alliance: www.anti-bullyingalliance.org.uk

• Childline: www.childline.org.uk

• Family Lives: www.familylives.org.uk

• Kidscape: www.kidscape.org.uk

• MindEd: www.minded.org.uk

• NSPCC: www.nspcc.org.uk

• The BIG Award: www.bullyinginterventiongroup.co.uk/index.php

• PSHE Association: www.pshe-association.org.uk

• Restorative Justice Council: www.restorativejustice.org.uk

• The Diana Award: www.diana-award.org.uk

• Victim Support: www.victimsupport.org.uk

• Young Minds: www.youngminds.org.uk

• Young Carers: www.youngcarers.net

• Mencap: www.mencap.org.uk

• Anti-Bullying Alliance Cyberbullying and children and young people with SEN and disabilities: www.cafamily.org.uk/media/750755/cyberbullying_and_send_- _module_final.pdf

• DfE: SEND code of practice: www.gov.uk/government/publications/send-code-ofpractice-0-to-25 Cyberbullying

• Childnet: www.childnet.com

• Internet Watch Foundation: www.iwf.org.uk

• Think U Know: www.thinkuknow.co.uk

• UK Safer Internet Centre: www.saferinternet.org.uk

• The UK Council for Child Internet Safety (UKCCIS) www.gov.uk/government/groups/uk-council-for-child-internet.